SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 OF THE SECURITIES EXCHANGE ACT OF 1934

Dated: May 15, 2007

Commission File No. 001-33311

NAVIOS MARITIME HOLDINGS INC.

85 Akti Miaouli Street, Piraeus, Greece 185 38 (Address of Principal Executive Offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F:

Form 20-F X Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Yes _____ No __X__

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

Yes _____ No __X___

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No<u>X</u>

Conference Call to Provide First Quarter 2007 Earnings Results

On May 15, 2007, Navios issued a press release announcing it will hold a conference call on Wednesday, May 16, 2007 at 8:30 a.m. EDT, to provide highlights of its first quarter 2007 operating results. A copy of the press release is furnished as Exhibit 99.1 to this Report and is incorporated herein by reference.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this Report to be signed on its behalf by the undersigned, thereunto duly authorized.

NAVIOS MARITIME HOLDINGS INC.

By: <u>/s/ Angeliki Frangou</u> Angeliki Frangou Chief Executive Officer Date: May 15, 2007

EXHIBIT INDEX

Exhibit No.	Exhibit
99.1	Press Release, dated May 15, 2007.

Navios Maritime Holdings Inc to Hold Investor Conference Call Providing First Quarter 2007 Earnings Results

Piraeus, Greece — (May 15, 2007) — Navios Maritime Holdings Inc. ("Navios") (NYSE: NM) announced today that it would hold a conference call on Wednesday, May 16, 2007, at 8:30 am EDT, at which time members of senior management will provide highlights of the first quarter 2007 operating results.

A supplemental slide presentation will be available on the Navios website at <u>www.navios.com</u> under the "Investors" section at 7:45 am EST on the day of the call.

The conference call details are as follows:

Call Date/Time: Wednesday, May 16, 2007; 8:30 am EDT

Call Title: Navios Maritime Holdings Inc. Q1 2007 Earnings Conference Call

<u>US Dial In</u>: +1 877.493.9121

International Dial In: +1.973.582.2750

Passcode: 8784142

The conference call replay will be available for one week after the call at the following numbers:

<u>US Replay Dial In</u>: +1.877.519.4471

International Replay Dial In: +1.973.341.3080

Passcode: 8784142

This call will be simultaneously Webcast at the following Web address:

http://www.videonewswire.com/event.asp?id=39757

The Webcast will be archived and available at this same Web address for one year following the call.

About Navios Maritime Holdings Inc.

Navios Maritime Holdings Inc. is a large, global, vertically integrated seaborne shipping company transporting a wide range of drybulk commodities including iron ore, coal and grain. For over 50 years, Navios has worked with raw materials producers, agricultural traders and exporters, industrial end-users, ship owners, and charterers. Navios also owns and operates a port/storage facility in Uruguay and has in-house technical ship management expertise. Navios maintains offices in Piraeus, Greece; South Norwalk, Connecticut; Montevideo, Uruguay and Antwerp, Belgium.

Navios's stock is listed on the NYSE where its Common Shares and Warrants trade under the symbols "NM" and "NM WS", respectively.

Risks and uncertainties are described in reports filed by Navios Maritime Holdings Inc. with the United States Securities and Exchange Commission.

Safe Harbor

This press release may contain forward looking statements within the meaning of the Private Securities Litigation Reform Act of 1995 about Navios Maritime Holdings Inc. (Navios). Forward looking statements are statements that are not historical facts. Such forward looking statements, based upon the current beliefs and expectations of Navios' management, are subject to risks and uncertainties, which could cause actual results to differ from the forward looking statements. The information set forth herein should be read in light of such risks. Navios does not assume any obligation to update the information contained in this press release.

Public & Investor Relations Contact:

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