SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 OF THE SECURITIES EXCHANGE ACT OF 1934

Dated: June 29, 2010

Commission File No. <u>001-33311</u>

NAVIOS MARITIME HOLDINGS INC.

85 Akti Miaouli Street, Piraeus, Greece 185 38

(Address of Principal Executive Offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F:	
Form 20-F ☑	Form 40-F □
Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(l):	
Yes □	No ☑
Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):	
Yes □	No ☑
Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.	
Yes □	No ☑
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On June 29, 2010, Mr. Allan Shaw resigned, effective as of such date, from his position as an elected director of Navios Maritime Holdings Inc. (the "Company")

On June 30, 2010, Mr. Stathis Loizos was appointed as an elected director of the Company by all of the remaining elected directors to fill the vacancy created by Mr. Shaw's resignation. Mr. Loizos will serve as a Class A director whose term will expire at the 2012 Annual Meeting or until earlier resignation or removal. Mr. Loizos will serve as chairman of the Audit Committee and chairman of the Compensation Committee. The Company issued a press release on July 21, 2010 with respect to such appointment. The press release is furnished as Exhibit 99.1 to this Report and is incorporated herein by reference.

This information contained in this Report is hereby incorporated by reference into the Company's Registration Statements on Form F-3, File Nos. 333-136936, 333-129382 and 333-165754 and on Form S-8, File No. 333-147186.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this Report to be signed on its behalf by the undersigned, thereunto duly authorized.

NAVIOS MARITIME HOLDINGS INC.

By: /s/ Angeliki Frangou
Angeliki Frangou
Chief Executive Officer Date: July 22, 2010

EXHIBIT INDEX

Exhibit No.

Exhibit Press Release dated July 21, 2010 99.1

Navios Maritime Holdings Inc.

Announces

Appointment of Efstathios Loizos to Board

Piraeus, Greece, July 21, 2010 — Navios Maritime Holdings Inc. ("Navios Holdings" or the "Company") (NYSE: NM), a large, global, vertically integrated seaborne shipping and logistics company, announced today the appointment of Efstathios Loizos to its Board of Directors.

Mr. Efstathios Loizos is a member of the Board of Directors of ION S.A.. He is also the President of the International Packaging Association and the Vice President of the board of directors of the Hellenic Association of Steel Packaging Manufacturers. Mr. Loizos received a Maitrise en Sciences Economiques from the University of Strasbourg and an M.B.A. in finance from New York University.

"We are delighted that the Navios group can continue to benefit from Mr. Loizos' expertise and counsel at Navios Maritime Partners," said Ms. Angeliki Frangou, Chairman and CEO of Navios Holdings.

Navios Holdings has also announced that Allan Shaw, who has been a director of Navios Holdings since October 2005, has resigned. Ms. Frangou commented. "Mr. Shaw's contribution to the Company has been invaluable, and he continues to be available to Navios Holdings."

About Navios Maritime Holdings Inc.

Navios Maritime Holdings Inc. is a global, vertically integrated seaborne shipping and logistics company focused on the transport and transshipment of drybulk commodities including iron ore, coal and grain. For more information please visit our website: www.navios.com.

Navios Holdings may, from time to time, be required to offer certain owned Capesize and Panamax vessels to Navios Maritime Partners L.P. (NYSE: NMM) for purchase at fair market value according to the terms of the Omnibus Agreement. For more information please visit its website: www.navios-mlp.com.

Forward-Looking Statements

This press release contains forward-looking statements (as defined in Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended) concerning future events and Navios Holdings' growth strategy and measures to implement such strategy; including expected vessel acquisitions and entering into further time charters. Words such as "expects," "intends," "plans," "believes," "anticipates," "hopes," "estimates," and variations of such words and similar expressions are intended to identify forward-looking statements. Such statements include comments regarding expected revenues and time charters. Although Navios Holdings believes that the expectations reflected in such forward-looking statements are reasonable, no assurance can be given that such expectations will prove to have been correct. These statements involve known and unknown risks and are based upon a number of assumptions and estimates which are inherently subject to significant uncertainties and contingencies, many of which are beyond the control of Navios Holdings. Actual results may differ materially from those expressed or implied by

such forward-looking statements. Factors that could cause actual results to differ materially include, but are not limited to changes in the demand for drybulk vessels, competitive factors in the market in which Navios Holdings operates; risks associated with operations outside the United States; and other factors listed from time to time in Navios Holdings' filings with the Securities and Exchange Commission. Navios expressly disclaims any obligations or undertaking to release publicly any updates or revisions to any forward-looking statements contained herein to reflect any change in Navios Holdings' expectations with respect thereto or any change in events, conditions or circumstances on which any statement is based.

Public & Investor Relations Contact:

Navios Maritime Holdings Inc. +1.212.279.8820 investors@navios.com